## **Silky Skills**



Richard Braithwaite AKA Mr Silky Skills the professional football freestyle legend and specialist in youth engagement, he continues to make things colourful and inclusive for all.

Football is international whether you call it soccer or football it enhances health and fitness, self-esteem and encourages cultural diversity. Richard Braithwaite has found a way to combine all three together using football freestyle silky skills. Through his thirty-five years' experience in your engagement work he can also teach table tennis, pool, basketball, short tennis to name a few and of course amazing football skills.

He brings young people together to enjoy showing off their creative skills and competitive skills and competitiveness in his projects.

He has a knack of getting everyone involved and has worked with all cultures and backgrounds to continue his integration work through fun for all to maintain excellent community spirit in his city and many others.

For all new clubs booking a one-off session for two hours the fee will be £220 which includes travel. For all new clubs booking two sessions or more the fee will be reduced to £170 which includes travel. For all clubs who have booked me before the fee will be £170 which includes travel. Your bookings will be hugely appreciated and a special thanks to all the groups who have already booked.

## My workshops are 2 hours long and I can deliver to 10 young people per workshop

I can teach the basics in Freestyle football - kick ups, knee ups, heading and also a number of my own unique skills

As part of my workshops, the young people will take part in a 'most kick ups' competition as well as relay games and ending with a five-a-side football match as everyone enjoys a game at the end of the session.

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