

## Cycle of Life



Bikeability - Would you like to book Cycle of Life to deliver a cycle training day as part of your holiday programme?

Please contact us on [admin@col8.org](mailto:admin@col8.org) or [bookings@col8.org](mailto:bookings@col8.org) 01512453910 or 07305783899 to enquire and/or book dates for delivery to your group.

We are also keen to train your staff to deliver these programmes in the future and would be happy to discuss this further.